



## THE ECOSYSTEM OF EVIDENCE

Lessons learned in the pandemic  
era and future challenges

10<sup>th</sup> International Conference for EBHC Teachers and Developers  
10<sup>th</sup> Conference of the International Society for EBHC  
Taormina, 25<sup>th</sup> - 28<sup>th</sup> October 2023

#EBHC2023

# EBM teaching in a pandemic: A pre-post comparison of medical students' self-efficacy for dealing with scientific literature

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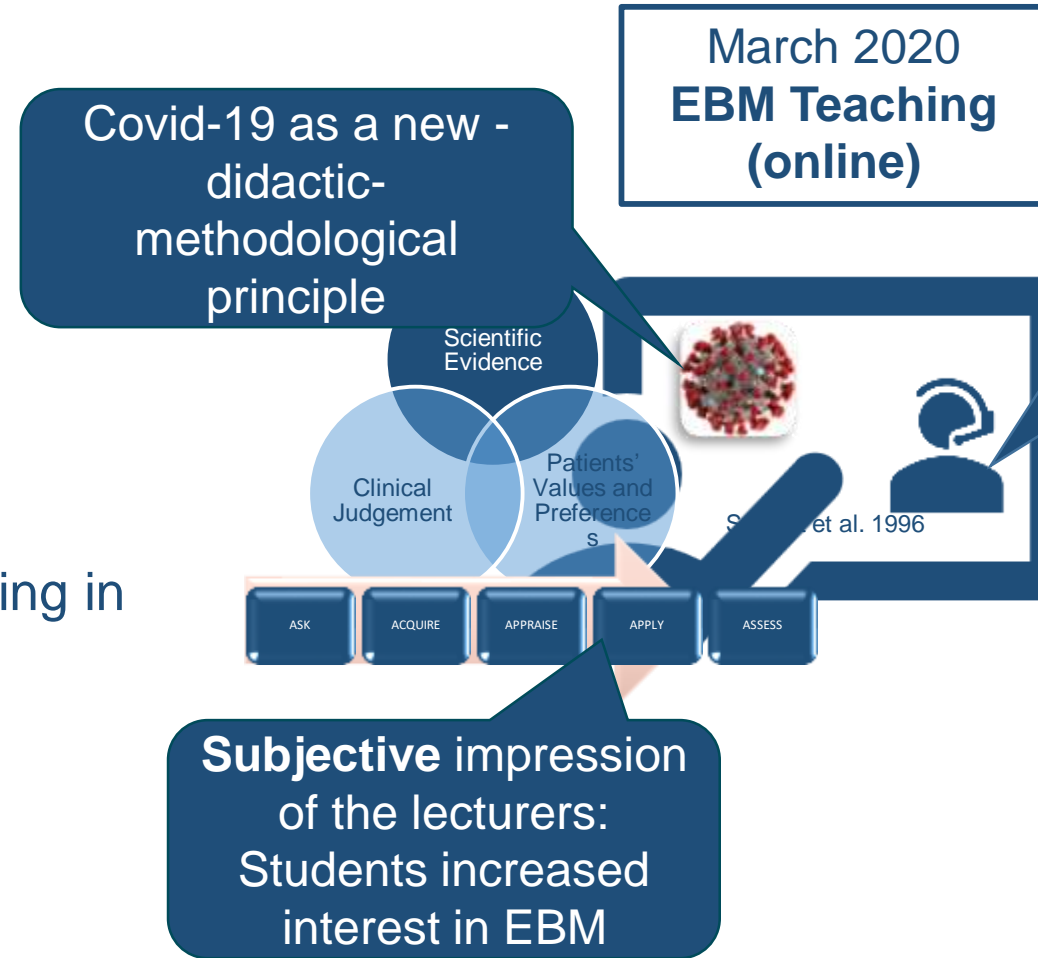
# Background



UNIVERSITÄT ZU LÜBECK



- 4<sup>th</sup> year Medical Students
- Two weeks of EBM-Teaching in six groups (curricular, n=20/group)



- ✓ Self-efficacy according to Bandura (Bandura 1994)
- ✓ Increase in EBM knowledge and self-efficacy after EBM course (Stack et al. 2020)
- ✓ Self-efficacy as a predictor of academic success and academic intention (Chemers et al. 2011, Estrada et al. 2011, Robinson et al. 2018)



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# Aims

To investigate whether and to what extent teaching EBM concepts in relation to current pandemic events influences students' self-efficacy (SWE) in dealing with medical literature on Covid-19.



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# Methods



- Prospective study, pre-post online survey at eight-week intervals
- 4<sup>th</sup> year medical students (n=221) winter/summer semester 2020/2021



- Self-developed survey instrument with a total of 14 items (Cronbachs- $\alpha$  0,8)
  - Five descriptive items
  - Five items on self-efficacy with regard to handling scientific literature on Covid-19 (following the 5-A's EBM Sackett)
  - Four items on interest in scientific literature/pandemic/importance of EBM skills



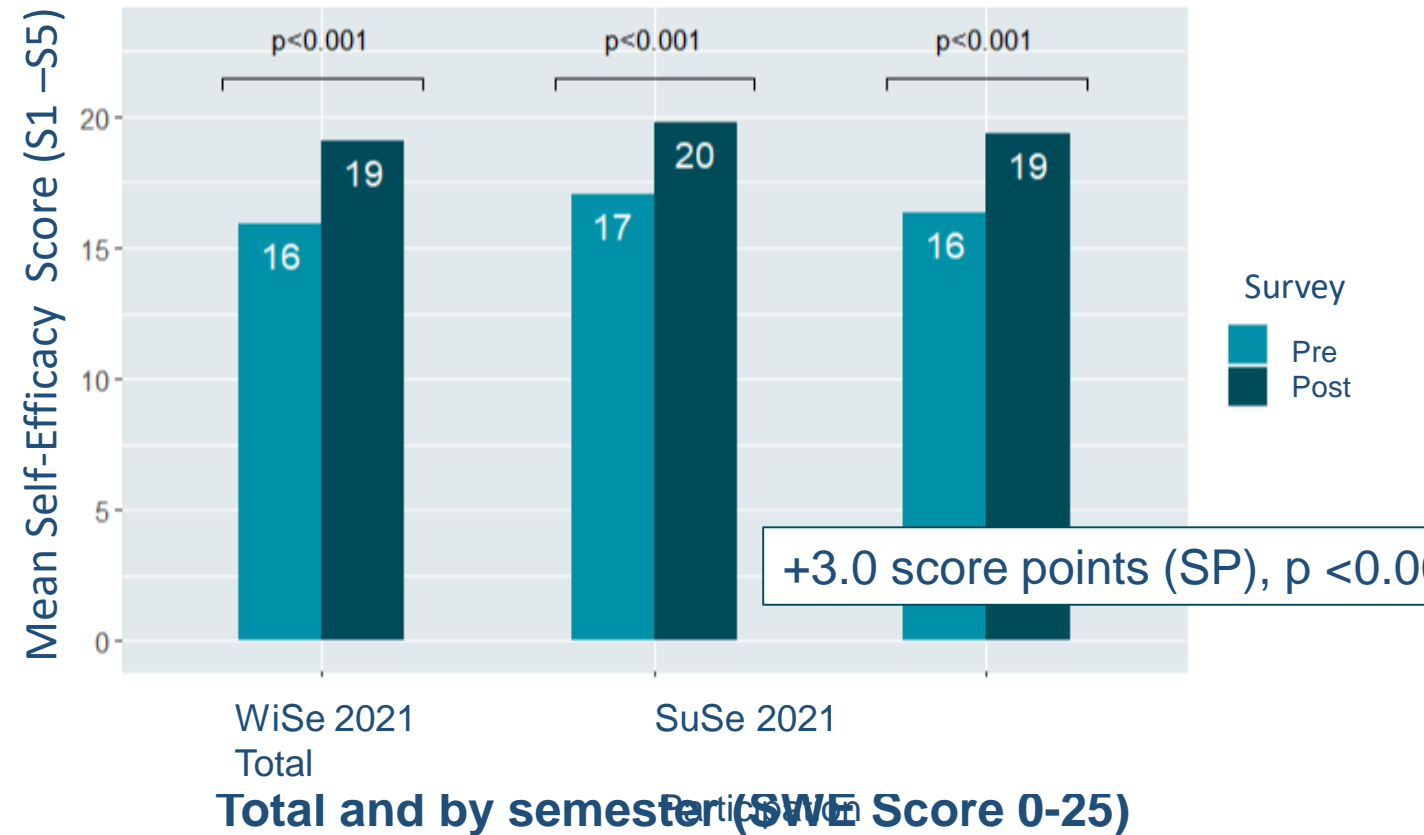
- Self-efficacy presented as the means of the sum of the combined individual items
- Differences between the pre-post survey were tested by paired sample t-test ( $\alpha=5\%$ )

# Results I

## Demographics

	<b>Total N = 83 (38%)</b>
<b>Mean age, years (SD)</b>	24.8 (3.4)
<b>Female, n (%)</b>	59 (71%)
<b>PhD started, n (%)</b>	43 (52%)

## Mean SWE-Score in dealing with scientific literature (pre/post)



# Results II

## Interest in scientific literature, the pandemic and importance of EBM s

Selection of Items	Total N=83	Winter Semester 2020/2021 N=50	Summer Semester 2021 N=33
General interest in...			
I1: ...scientific topics in medicine.			
I2: ...the current pandemic situation.			
I3: ...in scientific literature on the current pandemic situation.			
I0: I believe that competences in the field of EBM are important for me as a future physician.			

Note: Pre = Scale mean from the pre-survey (scale 0-100), MD= Mean difference post-pre, \*p<0.05



# Limitations

- Self-developed survey questionnaire (validity)
- No comparison group
- No comparison of student's performance (grades) with pre-pandemic times
- Social desirability cannot be exclude
- No statement on EBM competence of students



# Conclusions

- The Covid-19 pandemic can serve in teaching as an important lesson on scientific literacy/ EBM through personal participation and active learning, different from historical pandemic examples (Fourtassi et al. 2020, Anderson et al. 2020).
- Student-oriented and current topics for teaching EBM content seem to have a positive effect on SWE in relation to scientific literature.
- We need more research and exchange on EBM teaching topics with regard to methodological and didactic principles to improve EBM education.





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# Let us shed more light on EBM teaching!

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